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THEORETICAL AND METHODOLOGICAL BASIS OF FORMING A HIGHLY SPIRITUAL PERSON

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Abstract

In this scientific article, the theoretical and methodological foundations of the formation of a highly spiritual person, its pedagogical, psychological and social factors are scientifically analyzed. Also, the role of the spiritual education process in the development of the society, the importance of the educational system in the development of the spiritual worldview of the young generation, and the mutual harmony of national and universal values are highlighted. The article extensively analyzes modern pedagogical approaches to the development of individual spirituality, innovative methods, and the scientific basis of increasing the effectiveness of spiritual and moral education.

Key words: spirituality, high spirituality, personality development, spiritual education, methodological approach, national value, education, perfect person, social development, pedagogical technologies.

Enter

In today's process of globalization, the issue of forming a person's spiritual image, worldview and moral culture appears as one of the most important socio-pedagogical problems. The development of any society depends primarily on the human factor, its level of knowledge, spirituality and social activity. Therefore, the formation of a highly moral person is recognized as one of the priority tasks at the level of state policy.

High spirituality embodies not only moral qualities of a person, but also his intellectual potential, sense of patriotism, social responsibility and aesthetic taste. A spiritually mature person shows a conscious reaction to the socio-political processes taking place in society, respects national and universal values, and organizes his activities based on the principles of goodness.

In the Republic of Uzbekistan, the issues of improving the education and upbringing system, educating young people in a comprehensive manner, strengthening their moral immunity are one of the priority directions of the state policy. It is especially important to strengthen spiritual education in the higher education system, to form students as independent thinkers, highly moral and competitive specialists.

In this article, the theoretical and methodological foundations of the formation of a highly spiritual person, scientific-pedagogical approaches, and the factors of increasing the effectiveness of spiritual education are extensively covered.

The essence of the concept of high spirituality

The concept of "spirituality" is a complex socio-philosophical category that expresses the inner spiritual world, moral views, faith, thinking and cultural level of a person. Spirituality is an important factor that determines a person's place in society, shapes his outlook and life position.

High spirituality means that a person lives and works based on high moral values such as goodness, honesty, justice, patriotism, humanitarianism. Such a person is able to combine his interests with the interests of society, preserves spiritual values and strives to pass them on to the next generation.

Eastern thinkers paid special attention to the issue of spirituality. Abu Nasr Farabi believed that the basis of human perfection lies in moral qualities, while Abu Ali ibn Sina interpreted the mental and spiritual perfection of a person as an important factor in achieving perfection. Alisher

Navoi put forward the idea of a perfect person and showed goodness and decency as the main criterion of human spirituality.In modern pedagogical and psychological research, spirituality is studied in close connection with the socialization of a person, his internal motivation and life values. A spiritually mature person:

has the ability to think independently;

makes decisions based on critical thinking;

feels social responsibility;

will be loyal to national and universal values;with a sense of belonging to the development of societylives From this point of view, high spirituality appears as one of the important criteria of sustainable development and social development of society.

Theoretical foundations of the formation of a highly spiritual person

The theory of formation of a highly spiritual person develops on the basis of the integrated integration of pedagogy, psychology, philosophy and sociology. The theoretical basis of this process was formed based on the principles of humanitarianism, person-oriented education, activity approach and intercultural communication.

The concept of person-oriented education

The concept of person-centered education puts the pupil or student at the center of the educational process. According to this approach, each person has his own abilities, needs and interests, and his spiritual maturity is formed based on the characteristics of individual development

The main purpose of this concept is to reveal the inner potential of the person, develop independent thinking and form a socially active position. This requires educating students not only as learners, but as active creative individuals.

Action approach

According to the activity approach, a person's spiritual qualities are formed in the process of his practical activity. As a person actively participates in the system of social relations, he develops moral values, moral standards and a sense of social responsibility.

Involvement of students in various spiritual and educational activities, ensuring their participation in collective projects and developing volunteer activities serve to enrich their spiritual outlook.

The principle of humanity

The principle of humaneness implies honoring the dignity of a person in the process of education, treating him with respect and creating an opportunity for him to think freely. Pedagogical activity organized on the basis of this principle forms self-confidence, social activity and moral stability in the student.

Humanistic pedagogy promotes the education of a person not through violence, pressure and coercion, but on the basis of cooperation, motivation and support.

The harmony of national and universal values

The harmony of national and universal values is an important methodological basis for the formation of a highly spiritual person. National values reflect people's historical experience, customs, traditions, and cultural heritage, while universal values represent the ideas of goodness, justice, peace, and tolerance common to humanity.

The combination of these values forms a sense of national identity in the young generation, as well as respect for other peoples, tolerance and global thinking.

Methodological foundations of forming a highly spiritual person

Methodology is a system that studies the principles, methods and means of scientific knowledge, and it is also important in the process of forming a highly spiritual person. The following methodological approaches are important for the effective organization of this process.

Systematic approach

According to the systematic approach, spiritual education is considered as a complex of interrelated elements. The cooperation of the family, educational institution, neighborhood, mass media and social environment is important in this.

The development of personal spirituality should not be limited to the educational process, but should continue continuously in all spheres of social life.

Competency approachThe competence approach is an important component of the modern education system, in which special attention is paid to combining theoretical knowledge with practical activities. Moral competence represents a person's ability to make moral decisions, properly organize social relations, and follow moral values.

To form students' moral competences:

creating problematic situations;

use of debate methods;

organization of reflective analysis;

It is important to develop creative thinking.Integrativeapproach

The integrative approach ensures the organic connection between different subjects and areas of education. For example, through mutual integration of history, literature, philosophy, pedagogy and psychology, a holistic spiritual worldview is formed in the minds of students.

This approach serves to connect students' knowledge with life, to develop their analytical thinking and independent drawing skills.

Axiological approach

The axiological approach is based on the theory of values. According to him, the main task of the educational process is to form positive values in the young generation.

Based on the axiological approach:

patriotism;

humanitarianism;

diligence;

tolerance;

honesty;

virtues such as justice are developed.

Issues of forming a highly moral person in the higher education system

Higher education institutions not only train qualified specialists, but also educate a highly moral, socially active and responsible person. Modern higher education system should direct students to independent thinking, promotion of innovative ideas and spiritual maturity.

It is appropriate to pay special attention to the following directions for the formation of moral qualities in students:

Systematic organization of spiritual and educational events

Various roundtable discussions, conferences, literary evenings, reading contests and theater performances develop students' aesthetic taste and spiritual thinking.

Development of reading culture

The book is an important tool that enriches human spirituality. Promoting reading among students, increasing interest in scientific and fiction literature develops their intellectual and spiritual potential.

Formation of digital culture

One of the important tasks is to improve the media literacy of young people and to form the skills to protect themselves from harmful information in the current era of advanced information technologies.

Developing students' critical thinking and information analysis skills strengthens their moral immunity.

Development of teacher-disciple traditions

Teacher-student relationship is of great importance in the spiritual education of young people. Personal examples, professional culture and human qualities of experienced pedagogues are an important educational factor for students.

The role of pedagogical technologies in the formation of a highly spiritual person

Modern pedagogical technologies play an important role in the development of students' spiritual outlook, along with increasing the effectiveness of education.

Interactive methods

Interactive methods increase students' independent thinking and activity. Through methods such as "Brainstorming", "Discussion", "Cluster", "Case-study", "Debate", students will have the opportunity to freely express their opinions on social and spiritual problems.

Problem-based educational technology

By creating problematic situations, students learn to independently solve social and moral problems. This develops critical thinking and moral responsibility in them.

Project activity

Project activity teaches students to work in a team, to feel responsibility and to show social initiative. Through social projects, students understand current problems in society and strive to solve them.

Information and communication technologies

The use of e-learning platforms, multimedia tools and digital resources expands students' learning opportunities. At the same time, it is important to form a culture of their purposeful and rational use.Socio-pedagogical factors of forming a highly spiritual person

The social environment plays an important role in the formation of a person's spirituality. The following factors are particularly important:Family The family is the first place of education of a person. A child's spiritual outlook, moral views and behavior are formed first of all in the family. A healthy atmosphere in the family, a personal example of parents and education based on national values create the foundation of a child's spirituality.

Neighborhood

The neighborhood is an important social institution for increasing the social activity of young people and educating them in the spirit of respect for national traditions.

Educational institutions

Educational institutions are one of the main places that ensure the spiritual maturity of the young generation. Professional skills, moral level and innovative activities of teachers have a direct impact on the effectiveness of education.

Mass media

The Internet and mass media have a strong influence on the worldview of young people. Therefore, increasing spiritual and educational content in the media space and protecting young people from harmful information is one of the urgent issues.

Summary

In short, the formation of a highly moral person is an important condition for the development of society. A spiritually mature person feels responsible not only for his personal development, but also for the development of society.

The process of forming a highly spiritual person has a complex and continuous character, in which the cooperation of the family, educational institutions, neighborhood and all social institutions of society is important.

In this process, organization of educational work based on modern pedagogical technologies, person-oriented education, competence approach and national and universal values provides effective results.

Also, strengthening the moral immunity of young people, protecting them from information attacks and educating them as independent thinkers is one of the urgent tasks of today.

Taking into account that the development of the future is in the hands of spiritually mature, intellectually capable and socially active young people, the issue of forming a highly spiritual person remains one of the most priority directions of the science of pedagogy.

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